



OLYMPIC  
SOLIDARITY

**Carina Dragomir / Yassine Yousfi**  
**ISAF – 8th October 2014**

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# Contents

- ▶ Mission, History & Structure of Olympic Solidarity (OS)
- ▶ Programmes in favour of the National Olympic Committees (NOCs)
- ▶ Training for Coaches



# OS MISSION

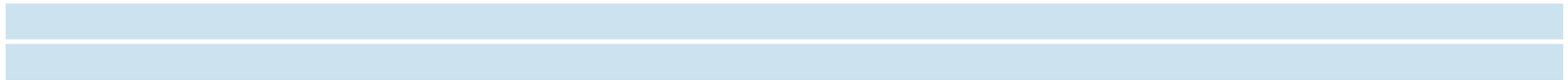
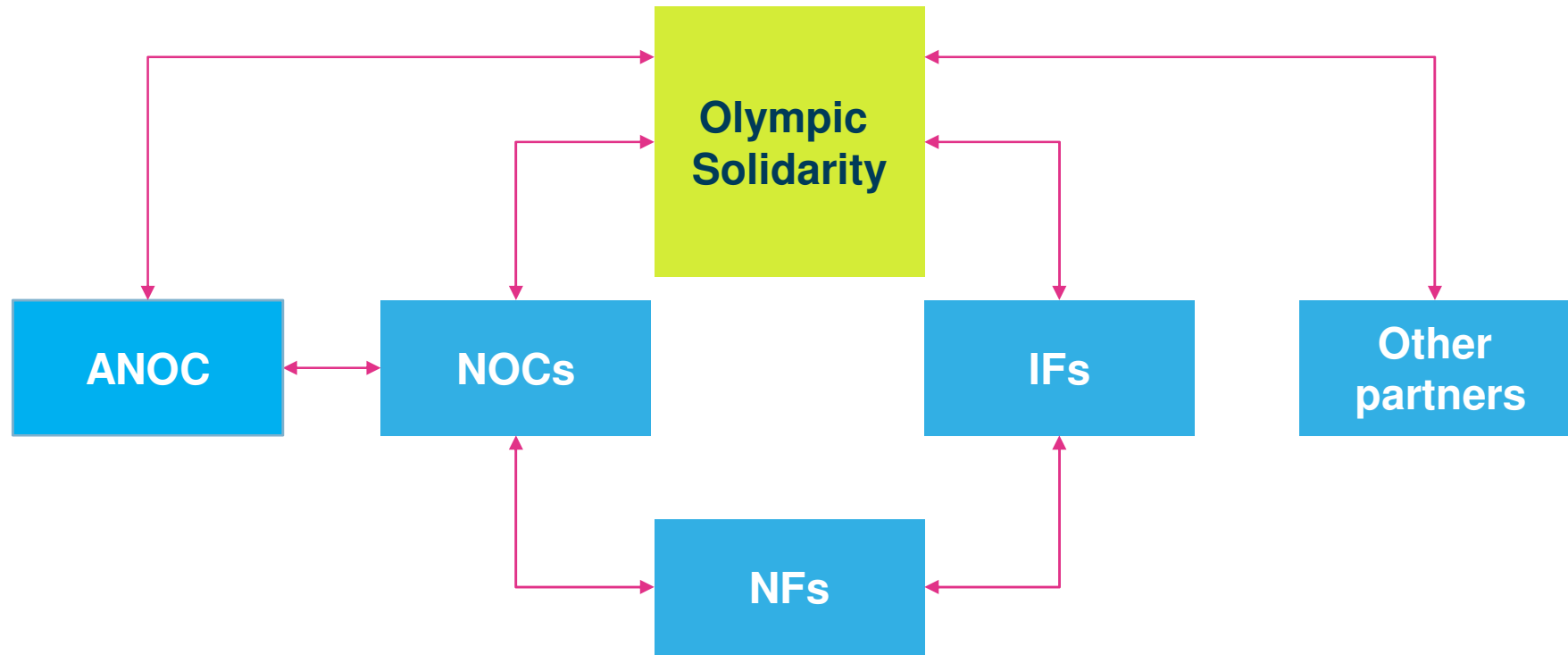
To organise **assistance to NOCs**, particularly those with the greatest need of it, in order that NOCs may fulfil their responsibilities to the Olympic Movement.





**PARTNERS**

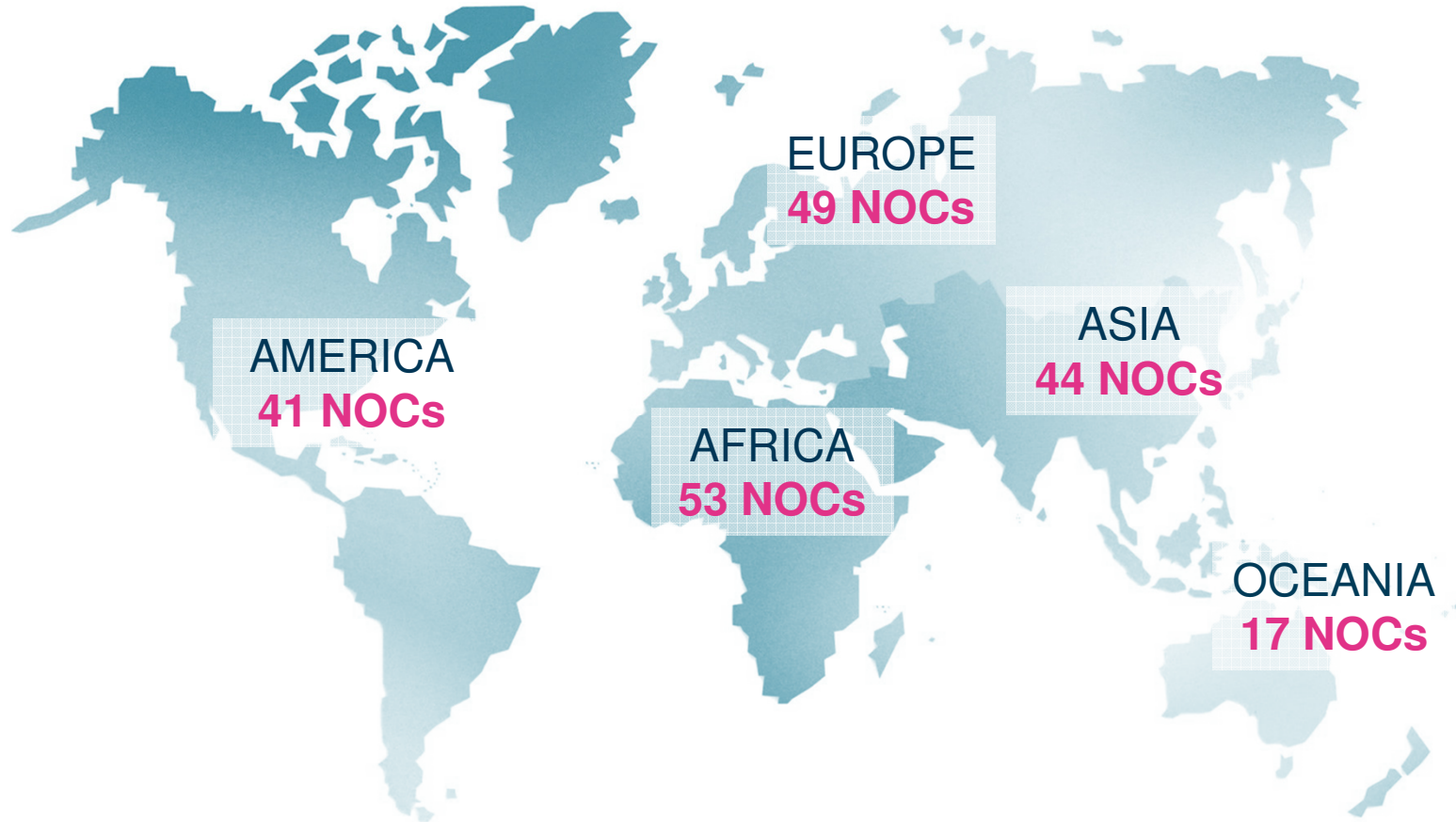
# PARTNERS





# WORLD

**204 NOCs**





# HISTORY

## HISTORY - KEY DATES



**2001** Continental Programmes

**1985** Quadrennial Plans

**1984** L.A. Games: TV rights increase

**1981** Olympic Solidarity Commission

**1971** Merge with International Institute for the Development of NOCs

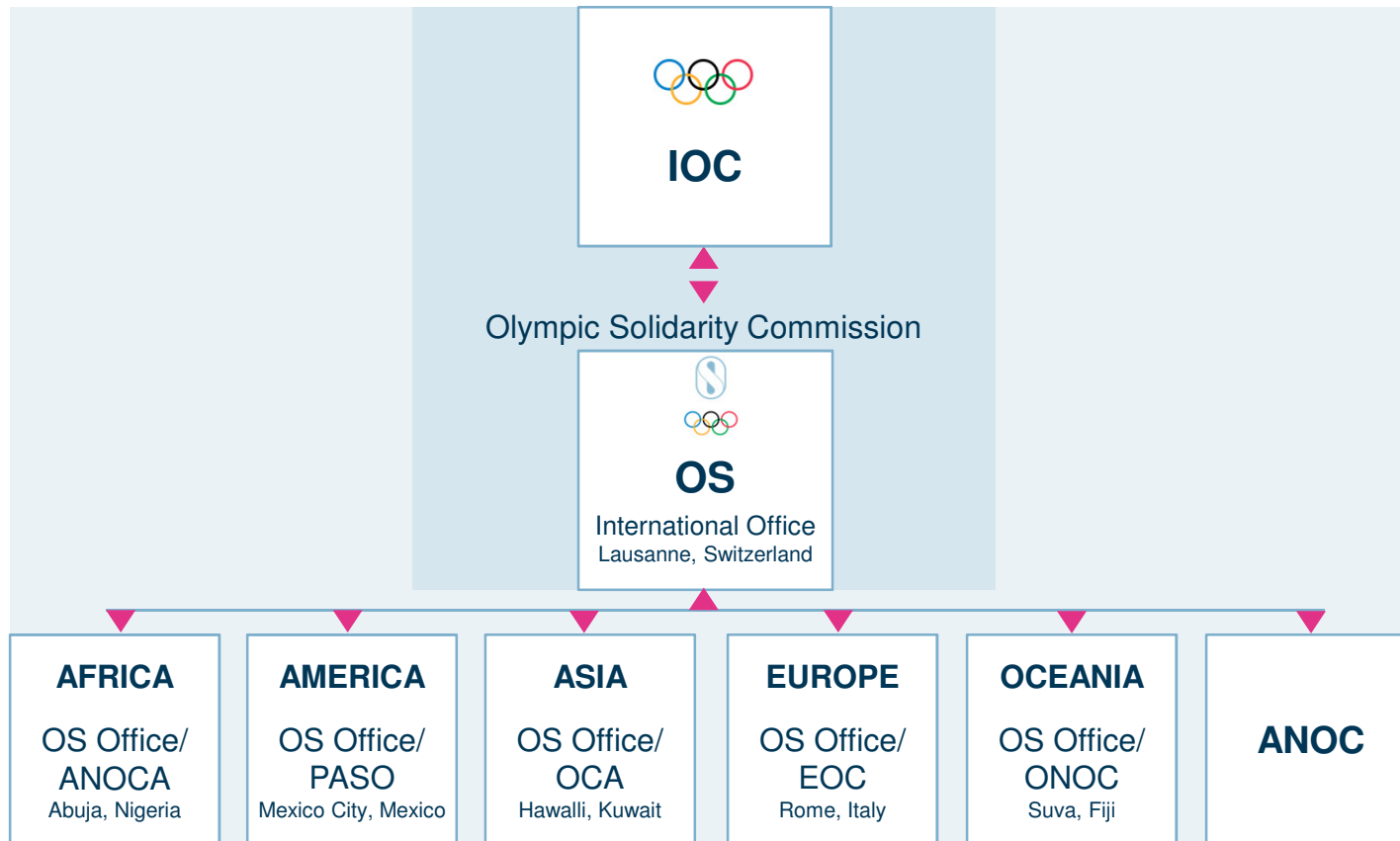
**1962** Committee for International Olympic Aid

**1960-70** More than 50 new NOCs are created





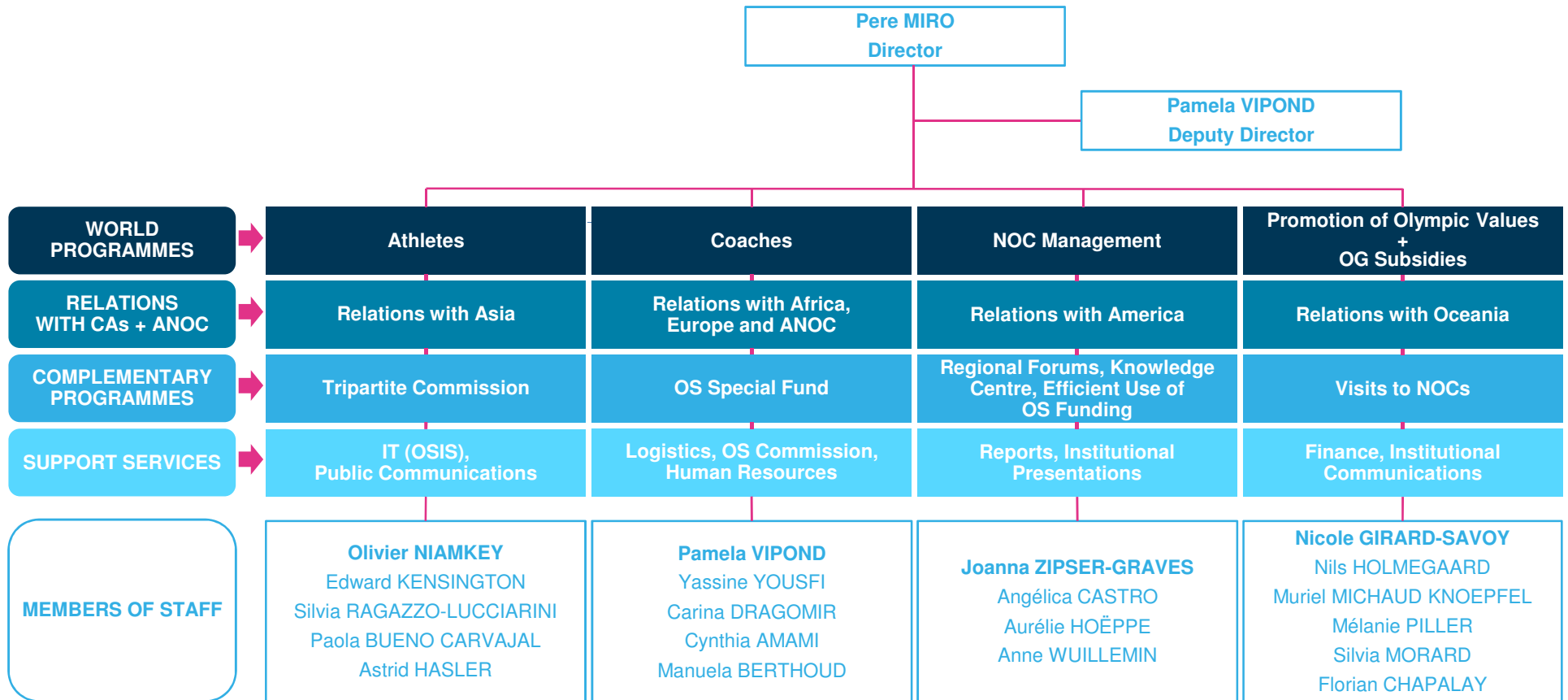
# STRUCTURE





# SOLIDARITY

**LAUSANNE**

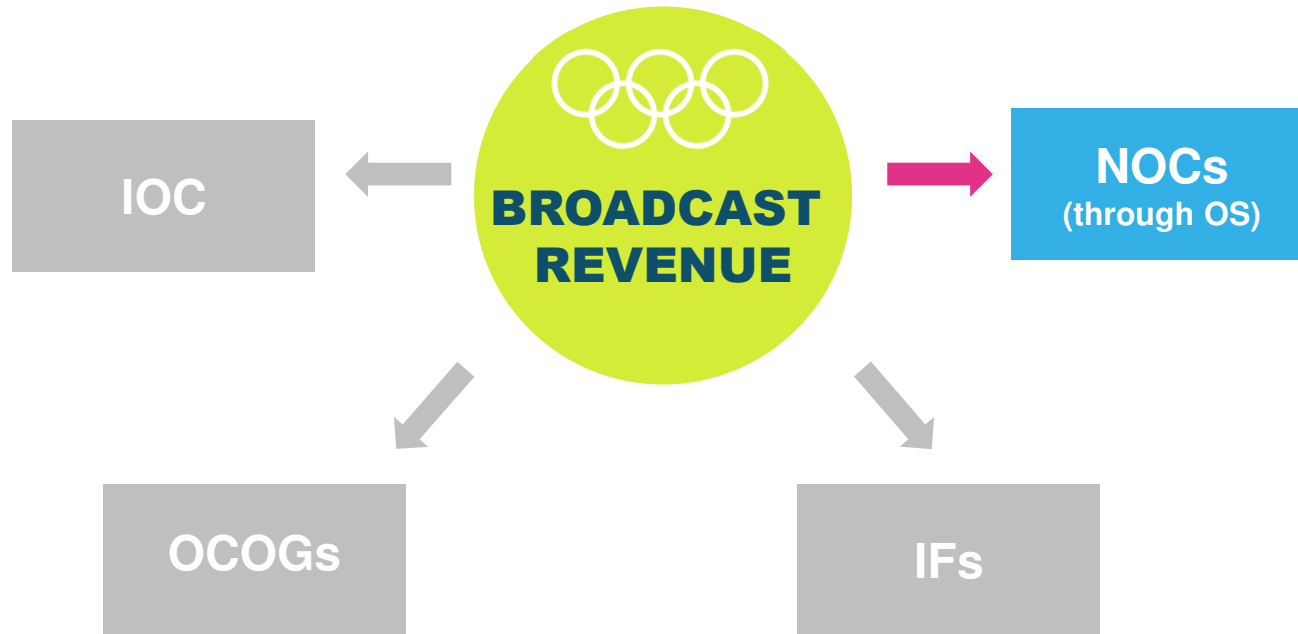






# DISTRIBUTION

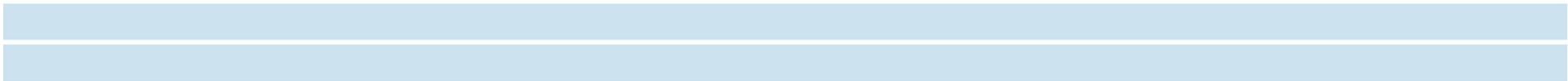
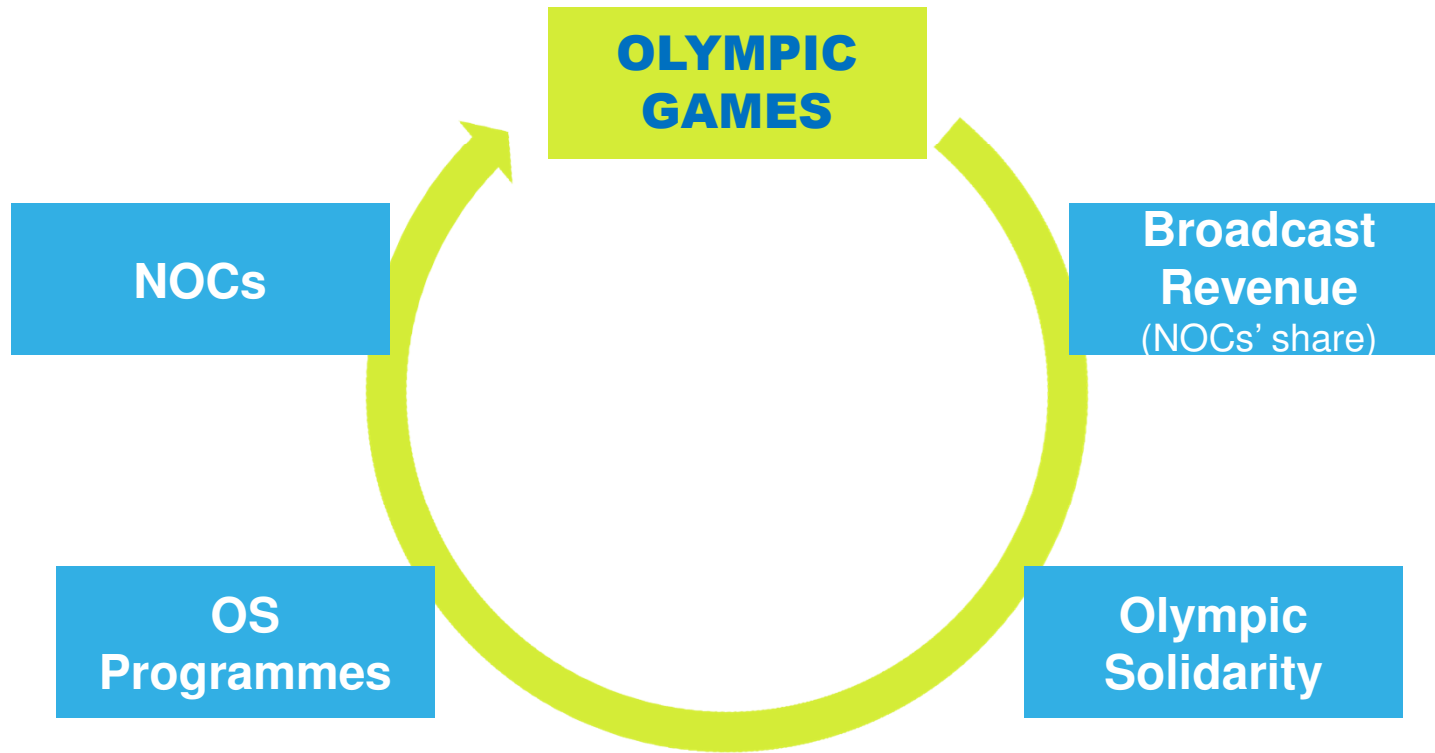
## BROADCAST REVENUE DISTRIBUTION





# CIRCULATION

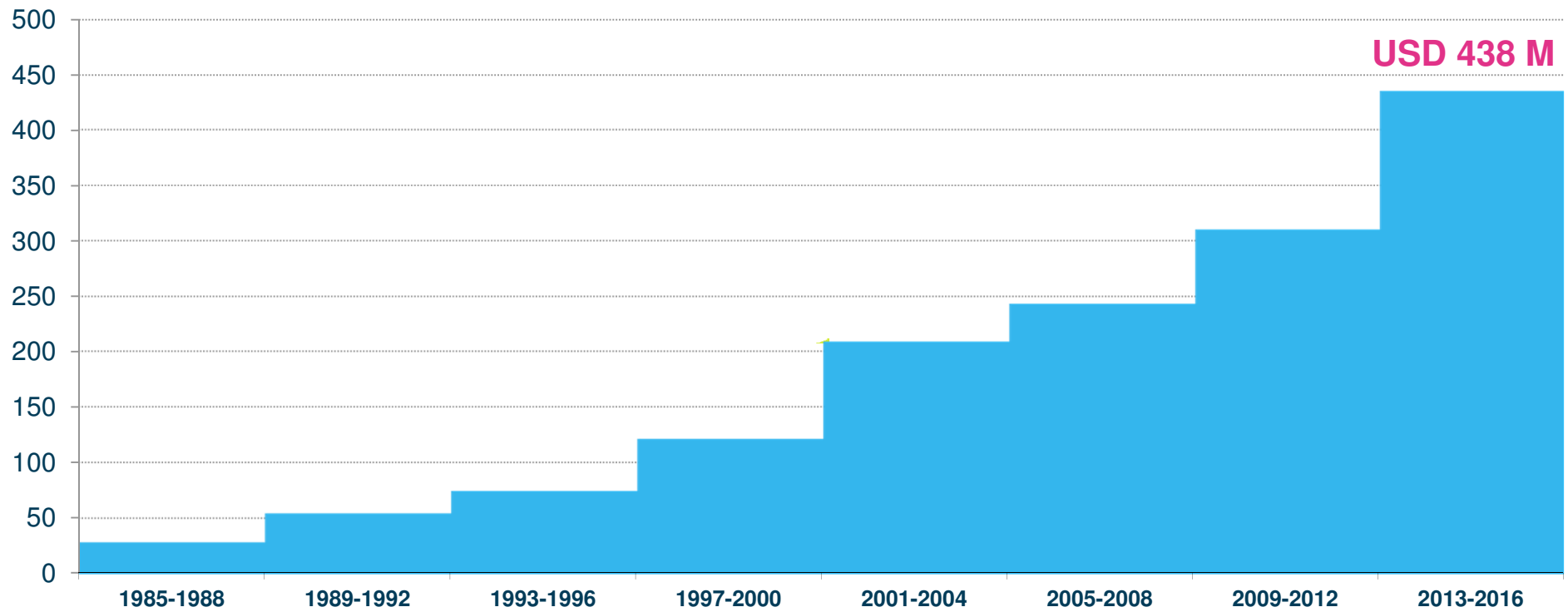
**FUNDS CIRCULATION**





# BUDGET

## QUADRENNIAL BUDGET EVOLUTION



USD 438 M



# WORLD

## 4 AREAS OF ACTION

**Athletes**

**Coaches**

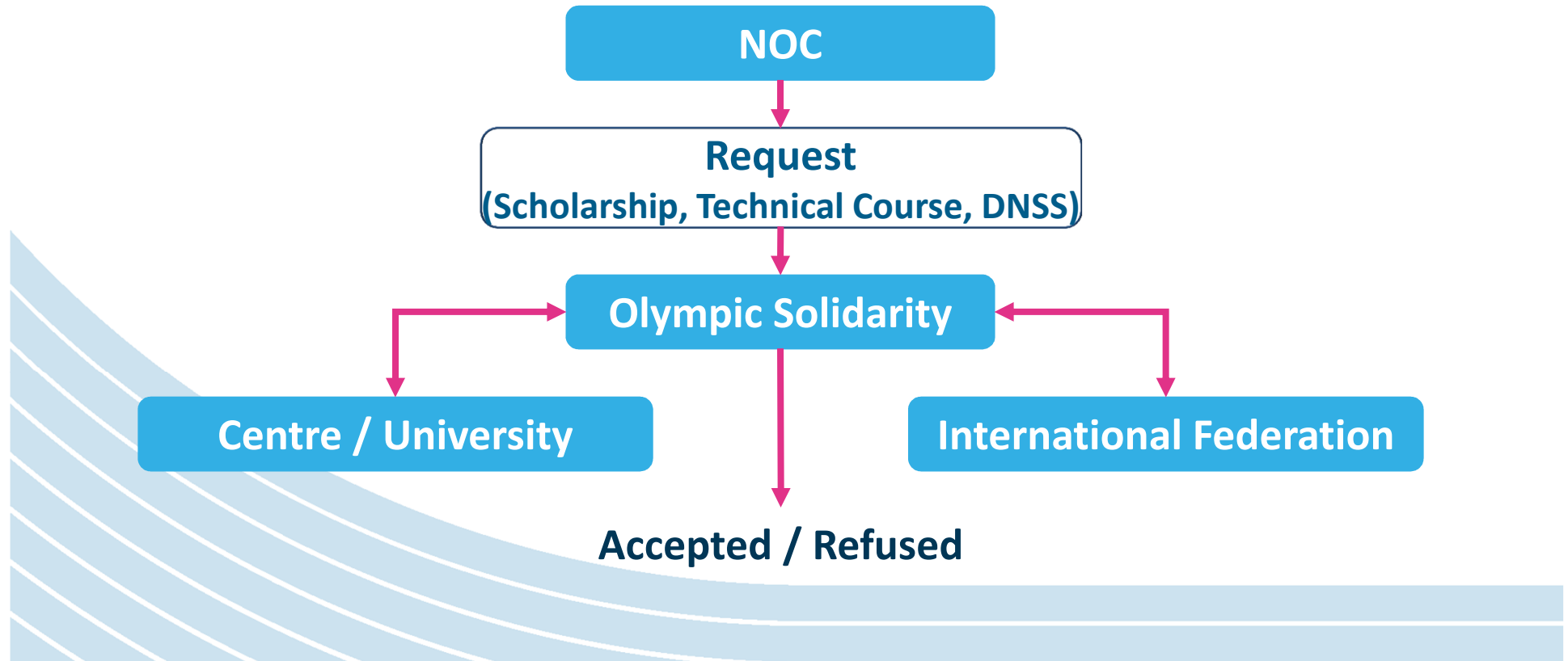
**NOC Management**

**Promotion of Olympic Values**



## GENERAL PROCEDURE

# PROCEDURE





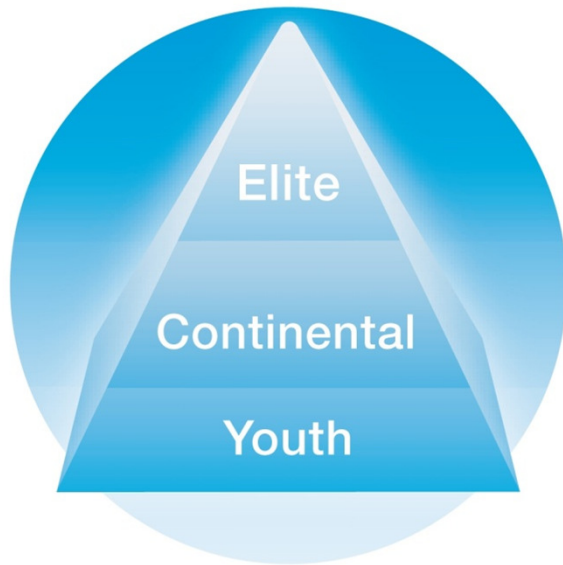
# ATHLETES





# ATHLETES

## PROGRAMMES FOR ATHLETES



Striving for excellence  
at all levels

- Olympic Scholarships for Athletes – Sochi 2014
- Olympic Scholarships for Athletes – Rio 2016
- Team Support Grant
- Continental Athlete Support Grant
- Youth Olympic Games – Athlete Support





# ATHLETES

RESULTS

## Beijing 2008

- 1088 scholarship holders / 166 NOCs
- 591 athletes qualified
- 81 medals (19 gold / 33 silver / 29 bronze)

## London 2012

- 1264 scholarship holders / 177 NOCs
- 657 athletes qualified
- 76 medals (23 gold / 23 silver / 30 bronze)



# MANAGEMENT

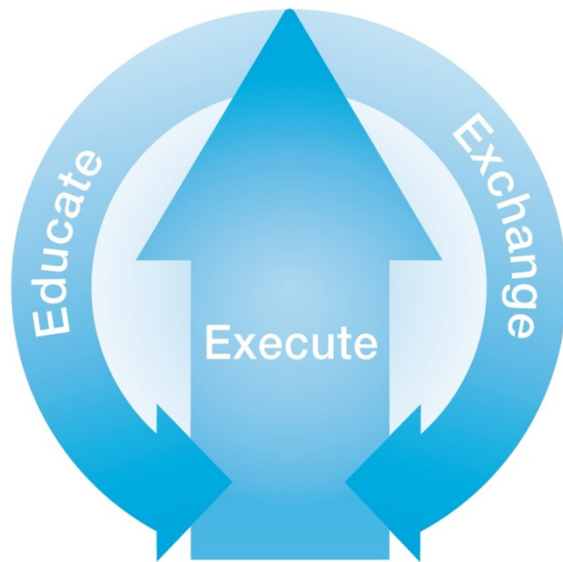
## NOC MANAGEMENT





## NOC MANAGEMENT

# MANAGEMENT



Strengthening  
management structures

- NOC Administration Development
- National Training Courses for Sport Administrators
- International Executive Training Courses for Sport Management
- NOC Exchanges



# OLYMPIC VALUES





# VALUES

## OLYMPIC VALUES



Commitment values

- Sports Medicine
- Environmental Sustainability in Sport
- Women and Sport
- Sport for All
- Olympic Education, Culture and Legacy (incl. IOA)





# COACHES





# COACHES

## PROGRAMMES FOR COACHES



Qualified coaches  
Training strategy

- Technical Courses for Coaches (TCCs)
- Olympic Scholarships for coaches
- Development of National Sports Structure (DNSS)





# COACHES

## TECHNICAL COURSES FOR COACHES



**Basic training** for officially recognised and active coaches

- Average duration: **10-15 days**
- **Basic** level training (1, 2)
- Regional courses for higher-level activities



# COACHES

OLYMPIC SCHOLARSHIPS FOR COACHES

## High-level further training

- Sports sciences
- Sports specific (e.g ISAF Training Scholarship)
- E-learning

**In principle, one scholarship per year, per NOC**





# COACHES

OLYMPIC SCHOLARSHIPS FOR COACHES

## Training in sports sciences:

- ▶ « Academical » training
- ▶ Universities or high level training centres
- ▶ Average duration: **3 months**
- ▶ Results: **diploma or certificate**







# COACHES

OLYMPIC SCHOLARSHIPS FOR COACHES

## Sports specific training:

- ▶ High level training centres or clubs
- ▶ Average duration: **1 – 3 months**
- ▶ Technical and practical specialisation





# COACHES

OLYMPIC SCHOLARSHIPS FOR COACHES

## E-learning :

- ▶ Easy to access
- ▶ Costless
- ▶ Content proof

Information will be provided  
to the NOCs in due time



# Olympic Scholarships for Coaches



## Training Centres

- Semmelweis University – Budapest (HUN)
- CAR – Barcelona (ESP)
- PAISAC – Montréal (CAN)
- CISéL – Lausanne (SUI)
- ICECP – Delaware / USOC (USA)
- INSEP – Paris (FRA)
- Etc.





# COACHES

## DEVELOPMENT OF NATIONAL SPORTS STRUCTURE



Creation of medium- to long-term **action plans** (about **3 to 6 months**)

- To **strengthen** all national sports and coaching structure
- Technical support from the IF and visits by an international **expert**





# COACHES

2009-2012 RESULTS

- **934** technical courses for **157** NOCs
- **556** scholarships for coaches for **154** NOCs
- **184** projects for the development of national sports structure





## EVALUATION & FOLLOW-UP

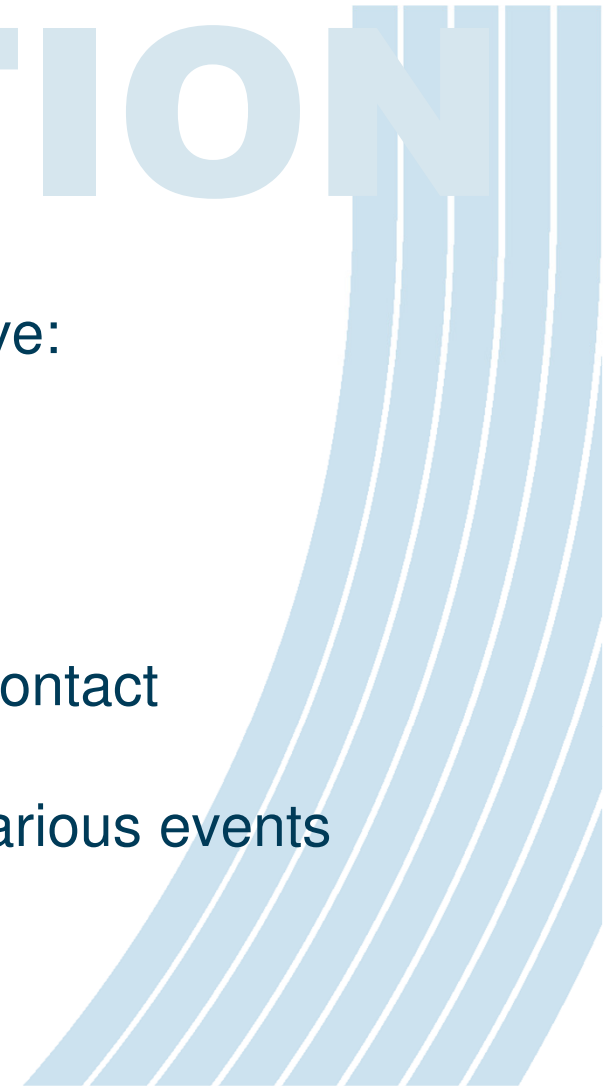
# EVALUATION

At the end of the programme, OS must receive:

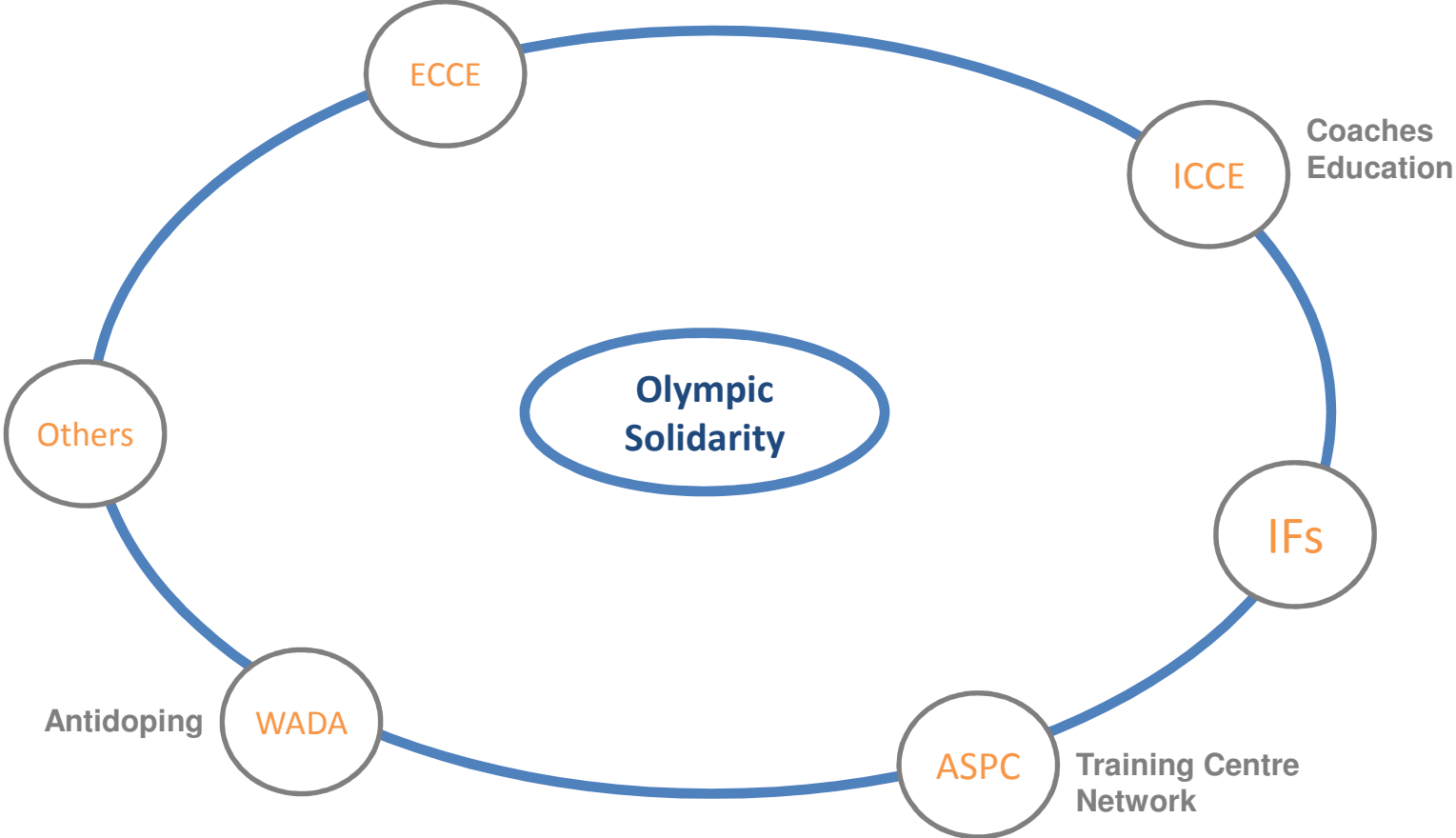
- a report from the University / Centre
- a report from the NOC and from the Expert
- a report from the Coach via his/her NOC.

NOCs are recommended to keep in regular contact with the coach in order to know:

- the results obtained by his/her athletes at various events
- his/her new fonctions
- or any other key information...



# Close collaboration with...





# COLLABORATION WITH IFs

# COLLABORATE

## REQUEST

### ATHLETES

- Olympic Scholarships

### COACHES

- Technical Courses
- Olympic Scholarships
- Development of National Sports Structure



## PROCEDURE

- 1) CONSULTATION
- 2) IMPLEMENTATION
- 3) CONTROL AND FOLLOW-UP



**PARTNERS**

## World Anti-doping Agency (WADA)

**WORLD ANTI-DOPING AGENCY**  
stay true

### Introduction to the Coach's Tool Kit 2<sup>nd</sup> Edition

Thank you for using the Coach's Tool Kit and contributing to doping-free sport.

This Tool Kit has been developed with the help of a working group representing International Federations, National Anti-Doping Organizations, Coaching Organizations and academia.

It has been designed to be as flexible as possible and offer as many different workshops taking into consideration the type of audience, time constraints and levels of anti-doping knowledge.

The material can be categorized either by activity, content or target audience.

**Activities**

- Ice breaker/game
- General presentations
- Case studies
- Decision-making model
- Practical studies
- Fact sheets

**Content**

- An overview of anti-doping (Elite)
- An overview of anti-doping (Youth)
- Health consequences
- Rules of the game
- Anti-doping knowledge
  - Aiding and abetting
  - Refusal to comply
  - Results management
  - Therapeutic use exemptions
  - Whereabouts

**Target Audience**

- Coaches of elite athletes
- Coaches of youth and/or recreational athletes

Please be advised that this information is subject to change at any time and that in case of any discrepancy between this information and the World Anti-Doping Code, the Code prevails. Always check with your International Federation, National Anti-Doping Organization or National Federation for the most up-to-date anti-doping regulations.

0.0 - Introduction & Summary  
© WADA - Version 2.1 - March 2010

# International Sport Coaching Framework

Version 1.2

International Council for Coaching Excellence

Association of Summer Olympic International Federations

LEEDS METROPOLITAN UNIVERSITY

## International Council for Coaching Excellence (ICCE)

## Association of Sport Performance Centres (ASPC)





One goal...

to promote  
the Development of Sport  
and Olympism.



[www.olympic.org](http://www.olympic.org)





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